

# Laser Body Sculpting

At Persona, Smartlipo is performed by an experienced plastic surgeon, to meet your expectations & ensure your safety.



*Naturally You*

Full range of services available at Persona:

#### ■ Rejuvenation

- Time Machine skin analysis & evaluation
- Age spots & pigmentation
- Wrinkles
- Sun aged skin
- Mature skin

#### ■ Dermatology Services

- Acne scar removal
- Rosacea, redness & broken facial veins
- Spots, moles & wart removal
- Excessive Perspiration
- Minor Dermatological Surgery

#### ■ Aesthetic Enhancement

- Lip, chin, cheek, nose enhancement
- Scars
- Freckles

#### ■ Vein Therapy

- Spider veins
- Varicose veins

#### ■ Body Contour

- Cellulite treatment
- Excess localized fat removal (Smartlipo)
- Stretch marks

#### ■ Weight Management

- Weight loss, nutrition & exercise benefits
- Post-natal

#### ■ Hair Removal

- Unwanted hair removal
- Ingrown hair removal

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**PERSONA**  
MED-AESTHETIC CENTRE



## Smartlipo MPX

Take off what dieting won't

Remove areas of unwanted fat and tone your body with laser-assisted lipolysis.

**PERSONA**  
MED-AESTHETIC CENTRE

Sometimes, exercising & dieting just won't work with removing specific areas of stubborn fat deposits. In particular, fat seems reluctant to budge from hips, chins, arms...

Persona introduces the Smartlipo MPX with Smartsense™ and Thermaguide™ - the next generation of the award-winning family of Smartlipo MPX family of workstations. Using multiplexed laser wavelength technology, our Smartlipo MPX treatment removes fat from these and other areas safely, instantly, and permanently. At Persona, laser lipolysis and aspiration is carried out by an experienced plastic surgeon in a fully equipped theatre, to achieve the best possible results, comfortably and safely.

### How does Smartlipo MPX work?

A laser fibre is introduced through a detachable cannula, which is in turn inserted through a 1 to 2 mm incision in the skin, and into fat pockets. The cannula is then moved in a fanning motion. As the fibre tip comes into contact with the fat cells, it destroys them. The destroyed fat cells are then gently aspirated. Simultaneously, tissue around the area coagulates, resulting in overall tighter skin. The procedure is performed under local anaesthesia.

### What are the advantages offered by the Smartlipo MPX over the older versions of the Smartlipo workstations?

Since MPX offers two wavelengths, the plastic surgeon can customise the treatment based on your needs. Each wavelength can be used individually or sequentially in a 'blended fashion' for optimum results. Each of these wavelengths brings unique characteristics to the laser lipolysis procedure. One is better suited for liquefying and coagulating, while the other is more aggressive and better suited for targeted skin tightening. Now, with the functionality of 'blending', we have the potential to give you the best of both wavelengths.

### What are Smartsense™ and Thermaguide™?

Smartsense™ is the intelligent hand piece delivery system for Smartlipo MPX that distributes precise energy for optimal results. It enhances treatment by increasing control, precision, and safety, while ensuring consistent outcomes. ThermaGuide™ thermal sensing technology gives the plastic surgeon unique control of your clinical outcome. Smartlipo MPX with Thermaguide™ offers more precise and controlled body contouring, the best possible skin tightening effects, and reliable clinical results while helping prevent over-treatment.

### Which areas of the body can be treated?

Smartlipo MPX is ideal for treating jawline and 'double chin', arms, gynaecomastia (enlarged male breasts), 'bra fat', abdomen, 'love handles', 'saddle bags', inner and outer thighs and knees.

### Will Smartlipo MPX help with cellulite or sagging skin?

Smartlipo MPX can help with the appearance of cellulite by disrupting the fat cells in the area. The laser will also break the fibrous bands causing that 'dimpling appearance' while also promoting skin tightening in the affected area.

### When can I expect to see results with Smartlipo MPX?

Final results vary from patient to patient and depend on age, treated areas, amount of fat removed, and individual healing time. Some individuals see immediate results that improve steadily, while others need a few weeks to see results. Most patients will experience around 80% of their ultimate result within one to three months after the procedure.

### Is it painful?

Discomfort is minimal. To ensure patient safety and improved recovery, Smartlipo MPX is done in a more advanced, less traumatic manner. This requires only local numbing, not heavy anaesthesia.

### Are there any after effects?

Using Smartlipo MPX causes only minimal tissue trauma and inflammation. Some individuals will have almost no swelling or bruising, while others may have such symptoms for about a week. Since Smartlipo MPX uses only small punctures and does not use stitches, patients experience less after effects than with traditional liposuction techniques.

### Is there any downtime after the procedure?

Most individuals are able to walk out and be able to perform mild activities right after their procedure. Furthermore many are able to return to normal desk type work within a couple of days, and, depending on the area treated, some are able to return to work that same day.

### How many treatments will I require?

In almost all cases, only one treatment is required. The session may last from 45 minutes to an hour for each area treated.

### Does Smartlipo MPX produce permanent results?

Yes. The fat cells that are removed by Smartlipo MPX do not grow back. No procedure however, can stop the ageing process. Advancing age will produce the usual changes in the shape of the body, but the benefits of a Smartlipo MPX treatment will always be apparent.

### What happens if I gain weight after Smartlipo MPX?

If you put on weight after the Smartlipo MPX treatment, you will gain it proportionally, including in the areas that were treated. However, although it is still possible to gain weight in the treated area, this will not be to the same extent as prior to the procedure.

### How does Laser Body Sculpting compare to conventional liposuction?

Conventional liposuction is meant to remove greater amounts of fat. However, since this can leave behind unsightly pockets of skin, laser assisted lipolysis is often a perfect complement to conventional liposuction.

