

# Vein Therapy

Treatments are performed by qualified medical practitioners, to meet your expectations and ensure your safety.

Results that truly speak for themselves in a few effective visits.

Leg treatment

Before



After



*Naturally You*

Full range of services available at Persona:

#### ■ Rejuvenation

- Time Machine skin analysis & evaluation
- Age spots & pigmentation
- Wrinkles
- Sun aged skin
- Mature skin

#### ■ Dermatology Services

- Acne scar removal
- Rosacea, redness & broken facial veins
- Spots, moles & wart removal
- Excessive Perspiration
- Minor Dermatological Surgery

#### ■ Aesthetic Enhancement

- Lip, chin, cheek, nose enhancement
- Scars
- Freckles

#### ■ Vein Therapy

- Spider veins
- Varicose veins

#### ■ Body Contour

- Cellulite treatment
- Excess localized fat removal (Smartlipo)
- Stretch marks

#### ■ Weight Management

- Weight loss, nutrition & exercise benefits
- Post-natal

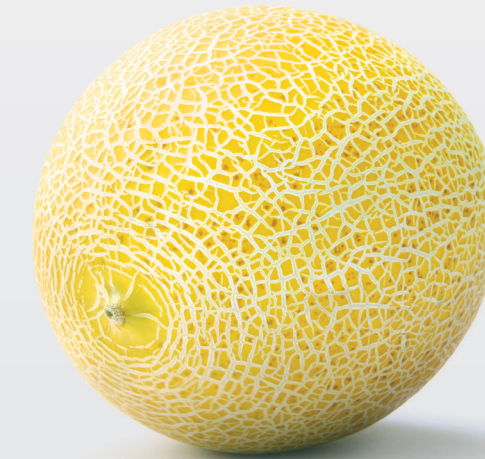
#### ■ Hair Removal

- Unwanted hair removal
- Ingrown hair removal

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**PERSONA**  
MED-AESTHETIC CENTRE



## Vein Therapy

Now you see them, now you don't

Remove leg veins effortlessly with laser or sclerotherapy.

**PERSONA**  
MED-AESTHETIC CENTRE

Covering up those unsightly areas is now a thing of the past.

You know the larger bulging kind as varicose veins, and the small web-like variety as spider veins. Normally, the tiny veins in the skin are invisible, but in some cases they expand and show through the skin. Red, blue or purple leg veins can be genetic or the result of a variety of factors such as pregnancy, hormone medications like oral contraception, age, obesity or prolonged standing. Those leg veins are bothersome at best, unattractive at worst.

At Persona our surgeon will offer you a tailor-made solution to your problems, choosing between state-of-the-art vascular laser or sclerotherapy. We can make you look and feel a whole lot better, often times, with as little as one or two visits.



## Vascular Laser

Which type of leg veins can be treated with laser?

Our vascular laser works best on spider veins and veins not larger than 2mm in diameter.

How does vascular laser treatment work?

Our laser workstation allows us to target individual blood vessels while sparing surrounding areas. The laser's light energy seals the vein shut, and the now-diminished vessel disappears and is reabsorbed by the body.

Is it painful?

The treatment causes only minimal discomfort in the form of a slight stinging sensation as the pulses of light energy are delivered. Our award winning\* air cooling system allows pre-treatment cooling of the area for maximum patient comfort while also decreasing the likelihood of side effects.

Are there any side effects?

Following treatment, the area may appear pink and slightly swollen, which is normal. This should be gone within a day and you'll be able to resume normal activities immediately.

What precautions should I take before and after the procedure?

Avoid exposure to the sun in the 2 weeks leading up to the treatment. The use of SPF 50+ sunscreen on any treated areas exposed to the sun is recommended for the first few days after treatment if sun avoidance is impossible.

How many treatments will I require?

Typically one to three treatments are required for leg veins, usually spaced 8-12 weeks apart. Results can be seen within 3-4 weeks, with improvement continuing for up to 3 months after the treatment.

How long does the procedure take?

Treatment time usually varies between 10 and 20 minutes, depending on the size of the area treated.

\* as rated by Aesthetic Trends and Technologies magazine.

## Sclerotherapy

Which type of leg veins can be treated with sclerotherapy?

Sclerotherapy is used to eliminate small to medium size varicose veins and spider veins.

How does sclerotherapy work?

A sclerosing solution is injected into the blood vessel with a very fine needle, causing the walls of the vein to stick together. Over a period of weeks, the vessel fades, eventually becoming barely noticeable.

Is it painful?

Discomfort is minimal since a very small, fine needle is used. No local anaesthetic is needed. The solutions rarely, if ever, cause any pain when injected.

Are there any side effects?

Some individuals experience mild effects, such as itching, which can last for one or two days after the procedure. When larger veins are treated, there can be some redness and soreness for a couple of days. This is normal and often a sign of a good response. Any discomfort is usually relieved by compression. Bruising may also occur around the injection site and can last a few days.

What precautions should I take before and after the procedure?

During the consultation, advise your doctor about any medication you may be taking. Avoid hot baths, hot compresses, or saunas, and direct exposure to sunlight after the procedure. Compression stockings will need to be worn for 2-3 weeks after the procedure.

How many treatments will I require?

A single blood vessel may have to be injected more than once, some weeks or months apart, depending on its size. A number of vessels can be injected in any one-treatment session. After 2 to 3 treatments, most patients can expect 50% to 90% improvement. However, fading is gradual and disappearance of spider veins is usually achieved after 6 to 8 weeks.

How long is each treatment session?

Each treatment session is approximately 30 to 40 minutes. Sessions are normally scheduled two to four weeks apart.